

LEAD WELL

BOOK REVIEW

Leading Through the Turn

Elise Mitchell

KEY PRINCIPLE

Often the most dangerous place is in a turn or transition – you must be nimble and agile to adjust by looking through the turn.

APPLICATION

Mitchell discusses strategies to apply to your professional and personal life in navigating the turns and transitions of life.

Have a Journey Mindset

Be aware if you are such a destination person that you may miss the journey along the way. The journey matters as much as the destination.

Scrap the Map

You may have to scrap the map at times and not hold so tightly to the way you believe things should be. You also will want to navigate the detours that come. Changes in the plan will likely occur – will you resist and resent them? Or incorporate them and keep moving along in your journey?

Embrace Uncertainty

When at a crossroads you have to pick a path. In current times change is accelerated and uncertainty heightened. It's maddening to not have the information you need. Be nimble so you can learn as you go. Be a learning leader and relish the challenge. Look at yourself as an explorer and journeyer.

Enjoy the Ride

You must find an off switch. You can't work all the time. Just because you can doesn't mean you should. Are you experiencing things or just accomplishing them? You are on the ride of your life – don't miss it!

The book is full of practical wisdom and engaging stories and situations. Mitchell has had a wide variety of experiences that help you understand how to apply concepts.

Kathy Crockett

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