

LEAD WELL

BOOK REVIEW

Training Camp

Jon Gordon

KEY PRINCIPLE

It is not just about working hard, but working hard on the right things.

HIGHLIGHTS

Vision without execution is just hallucination.

You must identify the key 'little, ordinary things' that are fundamental to your success as you focus, practice, and strive to execute them with excellence. You must decide what fundamentals and focus.

Not just practice - focused practice. Not just taking action - taking focused action.

If you incrementally improve each day, each week, each month, each quarter, by the end of the year you'll see remarkable results and growth. When you focus on the process, the outcome will take care of itself. Get focus and create a system for fundamentals mastery.

What are 3 most important things I need to do today that will help me create success I desire? Say no and yes. Make choices in line with your vision. Tune out distractions.

Just as you practice for sports, you must practice thinking positive thoughts and eliminating negative thoughts. You must realize that being positive or negative is a habit and choose the positive. Gordon shares 20 ways to get mentally tough

If your life was a movie, what kind of movie would it be? Drama? Comedy? Love Story? Inspirational Tale? What role do you play in movie? Victim? Bystander? Fighter? Underdog? Hero? Asking these questions could help you with focus to live the life you want to live by working hard on the right things.

Kathy Crockett

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