

LEAD WELL

BOOK REVIEW

Undistracted

Bob Goff

KEY PRINCIPLE

Capture Your Purpose. Rediscover Your Joy. A thousand distractions getting in the way - preventing you from living with focused purpose that produces the life you are looking for.

APPLICATION

The Undistracted book serves as rumble strips on the road to alert you as to how far you have drifted from your lane because of distractions. Here are some of my favorite quotes:

Distractions are not riptides. They are slow moving currents that will lead you away from your ambitious relationships and joy every time.

What has you distracted? What is the big ambition you've been trying to launch that seems to be stuck on the tarmac? I know it's hard - much of life is hard. Get back at it. Keep showing up for yourself and the people who will benefit if you don't quit.

If something doesn't go your way don't get sour - get creative. Counteract disappointment with imagination and joy and vision and hard work. Your daring ideas and the disappointments you experience will be catnip for new opportunities and additional paths forward toward your lasting ambitions - if only you have the courage not to relent. What if Heaven is itching to surprise you right now? What if God's plan for you is the absence of any clear plan at all? If you knew everything you needed to do, you wouldn't need faith anymore. Practice not freaking out as you watch the unexpected circumstances God brings unfolding in front of you.

We will become in or lives what we do with our love. Who will you decide to be? What will you do with the time you have left? Focus on meaningful, beautiful, joyous, purposeful - we can throw energy into things that matter. Find Jesus wherever you are. You can stop telling yourself you are waiting on Him because He's probably waiting on you.

Kathy Crockett

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